

EDITORIAL

by Edward O'Donnell, OCD, editor

DEAR SPIRITUAL LIFE/ONLINE READER:

Our articles this month challenge us to move away from our overwhelming concerns with sickness and the virus, and open our hearts to a faith-filled awareness of what we most need during this stressful time:

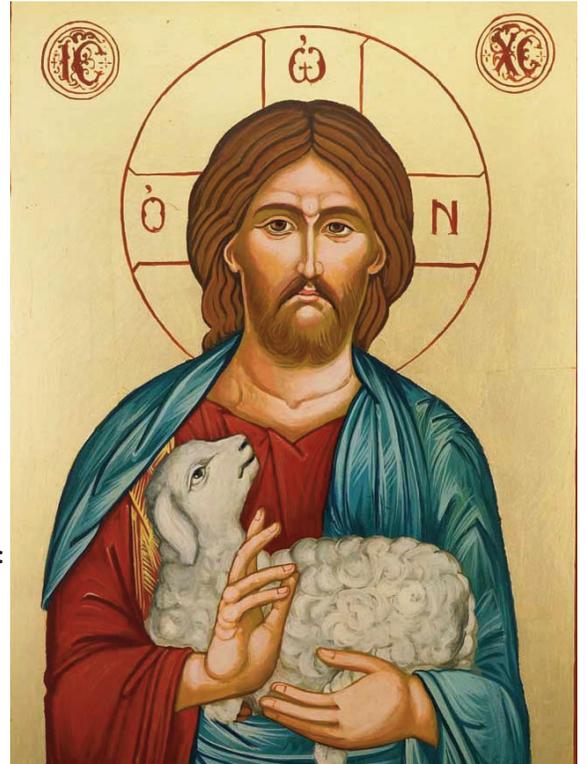
HOPE, PRAYER, AND UNION WITH GOD.

In her article on hope, Susan Muto tells us that...

"It is only in the face of anguish and absurdity, of despair and disillusion, that we may be able to fill the void left by the death of hope and behold a new dawn. Hope is an act of supreme confidence because it focuses not on human power but on the power of God."

We need the strength of God at this time, the strength that comes from continual prayer and a quiet union with God. We cannot shoulder the burden of this pandemic

alone. Jesus assures us of his abiding presence and help when, after his Resurrection, he says to his disciples: "I am with you always, even to the end of the world." (Matt 28:20)



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JESUS IS OUR HOPE. HE DOES NOT DISAPPOINT.

ARTICLES

This edition of Spiritual Life/Online contains three articles. Click the article title to open it as a PDF file.

PDF [Re-Awakening Our Vision of Hope](#) by Susan Muto, PhD

PDF [Prayer](#) by Bridget Edman, OCD

PDF [Abiding and Delighting in Christ: Reading John of The Cross in Light of St. John's Gospel](#) by Ann Naffziger